

CONTRIBUTIONS F(OR)OUR COMMUNITY



Youth Exchange

Youth exchanges allow groups of young people from different countries to meet, live together and work on shared projects for short periods. Youth exchanges take place outside the school environment. On a youth exchange, you can expect to participate in activities such as workshops, exercises, debates, role-plays, outdoor activities and more.

Participants' learning experiences are recognized through a Youthpass certificate.

The background of the entire image is a solid red color. Overlaid on this red background is a faint, semi-transparent image of a crowd of people. Many of the people in the crowd have their hands raised in the air, suggesting a celebratory or energetic atmosphere. The image is slightly blurred, giving it a sense of movement and depth.

TIMISOARA ROMANIA

OCTOBER 1-6, 2018



About our project

Aim

The project is aiming at developing a sense of common responsibility for the future of the local communities as well as the whole European community for 49 young people and youth leaders and for their respective organizations from Romania, Portugal, Slovakia, Serbia, Italy, Kosovo, Macedonia during 6 days youth exchange of intensive activities throughout the project period.

Objectives

- develop specific competences within the frame of service learning (community analysis, project management and community action) for 49 young people and youth leaders from Romania, Portugal, Slovakia, Serbia, Italy, Kosovo, Macedonia during 6 days youth exchange of intensive activities
- understand the similarities and the differences about culture
- create an interactive learning space for young people for reflection and new ideas for personal and professional development



Learning outcome

The participants will learn how to analyze the resources and plan activities in the community in order to be active and to produce change. Besides all these, they will also learn about other cultures and about their process of learning and YouthPass certificate, how they can act better as citizens of their country. They will put into practice small actions and will involve the community to see the results and explain how young people can be more involved in their community no matter their age and social background.

Activities

This project brings a new dimension into local and international youth involvement and cooperation integrating both marginalized youth and youth that are already supported in different NGO structures.

The methods applied will help young people to reflect and express their opinions about actual topics and to make youngsters from different backgrounds feel connected in order to build trust through and understanding through community work that can be applied no matter the country or the region.

Contributions f(or)our Community has a special focus on the following topics:

- youth participation
- volunteering and service learning
- resources and planning
- actions in the community
- common responsibility
- pro-active attitudes
- understanding cultural similarities and differences



Activities AFTER the youth exchange

Arriving back home, all the groups will organize 2 dissemination events, in order to present what they have done & learnt during the youth exchange.

1st dissemination activity: The groups arrive at their organization and share their experiences to the members of the organization.

2nd dissemination (indoor / outdoor) activity: The participants arrive in their country and share their experiences to the young people, friends etc. the activity could take place outdoor or indoor.

**The participants should be
the first responsible
to prepare the events**

Back Home
October 10-31, 2018



Ana-Maria GRĂDINARIU

Ana-Maria has been part of the nongovernmental field for the last 14 years ago.

She has experience in coordinating volunteers, developing, coordinating and implementing national and international projects, trainings, long term non-formal education programs in schools and disadvantaged areas, nationally and internationally.

Her main fields of expertise are volunteer management (training, impact assessment, evaluation of learning outcomes gained through volunteering), youth field, human rights and social intervention field (through methods used to develop skills, values, attitudes and communication competences while building bridges for community involvement and social inclusion).

Ana-Maria is passionate about facilitating learning contexts for young people and young adults, is a strong believer in the power of people as change makers, is a dreamer in the power of people coming together in diversity and solidarity and, nonetheless, she is an advocate of the power of people being inspiration to one another by example and personal stories.



Schedule

ARRIVAL

September 30, 2018

October 1-6, 2018

Youth Exchange Activities

DEPARTURE

October 7, 2018

TIMISOARA YOUTH HOUSE



Venue of the Youth Exchange

Aries 19, Timisoara
ROMANIA

activities & accommodation

Timisoara is the 1st Romanian Youth Capital (May 2, 2016 - May 1, 2017). Last year, our city was one of the 5 finalist for European Youth Capital 2020 title, both programmes were run by Timis County Youth Foundation (FITT) - an "umbrella" organization for 30 youth NGO's and OpEN is one of its members. The youth exchange will take place at Timisoara Youth House (an 11.000 sqm impressive building that belongs to FITT and where OpEN has the headquarter) which is the only youth centre in Romania awarded with the Quality Label for Youth Centre by the Council of Europe and one of the only 11 centres in Europe that have this certificate.

OpEN is also a founding member of Timisoara European Capital of Culture Association, which runs our city's programme for 2021 (when Timisoara will be one of the 3 European Capitals of Culture).

Accommodation facilities: <https://booking.com/2NAHVcU>



HOW DO YOU GET TO THE VENUE OF THE YOUTH EXCHANGE



FROM THE TRAIN STATION

From the Railway Station CFR Timisoara to the Youth House you can travel as follows: RATT Tram: **Line 8 tram** stop is in front of the station on the same side of the station, exit the station as the station is positioned to the right.

You have to get off at the 7th stop, the one where you have to descend called **Cluj** station.

From the station you turn right and you walk about 5 minutes and on the left is the Youth House.

To make it easier for you we attached a link to Google Maps for the exact route:

<https://goo.gl/0Je6sR>



FROM TRAIAN VUIA AIRPORT TIMISOARA

You should take the bus **Express 4 (E4)** from the Airport and get out at Bastion station (last stop of the bus).

From there you will have to take a 5 minutes walk to the **Continental** Hotel where across the street is a bus station.

From there you should take the **trolleybus 15** and get out at **Cluj** street stop (the 3rd stop of the trolleybus).

From there you have again a 5 minutes walk straight ahead and on the left side you will see Timisoara Youth House (Casa Tineretului).

To make it easier for you we attached a link to Google Maps so you can see the route exactly:

<https://goo.gl/YVE62y>



TAXI COMPANIES

- **Tudo Taxi:** +40 256 945
- **Fan Taxi:** +40 256 944
- **Taxi Radio:** +40 256 940



UBER

In Timisoara, you may also use UBER



Erasmus+



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Exchange**

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